• THERE'S CREEPY NAKED PEOPLE TRYING TO GET INTO THE LOUNGE AND ALL YOU CAN DO IS LAUGH AT ME

• Weird carrots in mini UFO's chasing me and my family

• The fluffy cat was just satting inside the micowave looking qwick happy getting cooking alive.

The vision we all have at night are the strangest to explin by far but most of the time we want them to stay with us forever and a day.



# N ght V sion

Illustrated and Editored by Shannon Kay Fryer







Limited Edition book for you to enjoy from yours truly Shannon Kay Fryer







#### About me and the book - Shannon Kay Fryer

I spent 3 years studying Graphic Design at Teesside University, and increased my passion in the subject. I have a love for illustrating things out of the norm, whether that be from dreams or my favourite dragon ideas coming to life. I have produced posters and booklets for companies and discovered a passion for fimo creations I make by hand. I get very passionate about my work even more than going out to the pub.

I like creating various types of art on different matarials. From tattoos and landscape to dragons and fantacy worlds. From paper and canvas to books and sculptures.

This book has been created for anyone that picks it up to help you explore the imagination of others through various imagery and makes you think about things, and gives you the time where you ponder over thoughts.

The following illustrations are representations for the dream that I have collected from myself and others.

This book also reposents the different worlds that people enter once they have entered into the REM (Rapied Eye Movment) stage of their sleep. A period of sleep during which dreaming takes place, characterized by rapid periodic twitching movements of the eye muscles and other physiological changes, such as accelerated respiration and heart rate, increased brain activity, and muscle relaxation. REM sleep is the fifth and last stage of sleep that occurs in the sleep cycle, preceded by four stages of non-REM sleep. Also called paradoxical sleep.







#### Night Vision

Thankyou to all those who contributed to this collection of dreams though out this book.

John Cunningham Zac Walton Angela Fryer



#### Micowave cat

I was walking arounf mith my friends. It looked like we were at Forbidden Corrner. When we where at the top of the tower I noticed a cat following us up the steps. It was so fluffy and a mixture ot colours Bole, Antique Brass, Alloy orange. So, as me and my friends walked around the maze I kept on noticing the the same cat that i saw up in the tower kept on following us. I thought it was a different cat but reconised the markings and knew that it was the same cat. I thought it belonged to the maze like to make sure that there was not rats and mice running around in the public area.

Next minuet I know I was back at home it felt like a student apartment as there was my friends there. I think was adopted the cat that I saw as what happen next was hard to beleve.

Someone came into the kitchen where I was making my food. I tought I know the person recognised them but did not know who they were at the same time. The person was asking what I was making so I explained the type of food and it sounded really tasty. the food was cooking in the micowave. "Where is the cat" they say looking around the kitchen "What

cat?" not knowing that we kept it. I looked at the micawave to see if my food looked done and saw the fluffy cat just satting there inside looking qwick happy even thour it was getting cooking alive. I quickly got it out and made sure it was fine. It seemed to be fine.

I was in shock myself "Did I start cooking the cat? Did someone else put it in there? Was the cat trying to kill its self?" all these question I woke up asking myself. When I whent down stairs I had to check the micowave to make sure I did not sleep walk and put something in there to cook.



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#### **Maze House**

I had a dream where I was in a house it was like a maze of rooms. Everyone only had to pay once price just to get in but you have to complete the entire puzzles and all the mazes before you could leave the house. Everybody starts off in one room with these special bracelets on, the bracelets detect when that person has finished and completed the task in each room. In each room the difficulty changes, some rooms the tasks are very easy like get the ball in the hoop and other rooms are very hard like untangled piece of string but there was lots of strings all over the room. There also is some some rooms that are just tedious. I managed to get complete the first room as that was just like sign in and to wait for two minutes and then you was able to go into the next room.

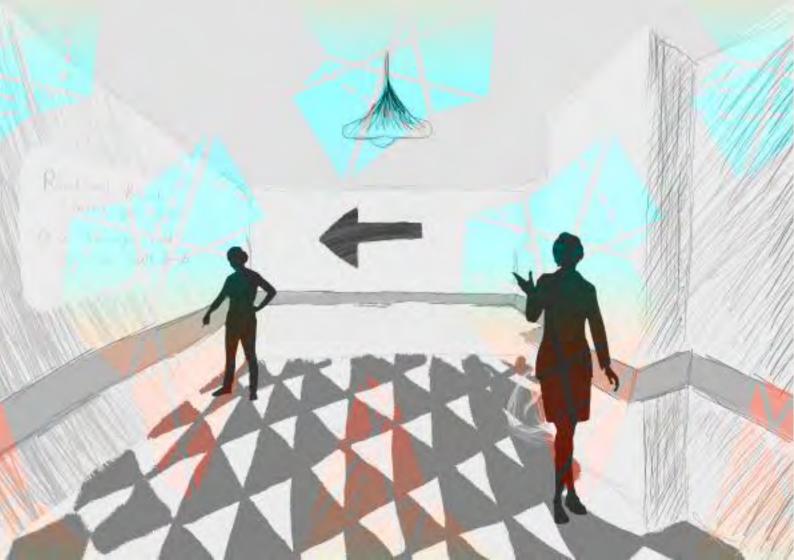
The bracelet that I had on turns Green and allows you into the next room. If the bracelet not you cannot leave that room until your bracelets turns Green, if it is still red you just have to keep trying the task or puzzel until you get it right.

The second room I went into was a tedeas room I had pick a car it was like a car track, like a miniature car models and stuff going round the entire room. It was only the outside of the room that had this model car track on you pick a car and you've got to make this car go around the entire track twice but the track had like traffic lights on and you can't go through the red light as you have to start again and you've got to go through only green light some people was trying to go through two green lights at once but kept and failing so they had to start again I was just taking my time after I've figured this out after three attempts so I took my time to going through each green light carefully and slowly to get round the track twice I even finished before some of the people that was in there before me, because there was just getting frustrated.

The next room was just an easy one throw the ball into the hoop. The hoop was a few feet in front of me was not even that highand I still managed to missed the first few times. I knew I would not be as good as everony eles that was getting the ball in the hoop in one shot.

There were many different rooms in this dream but unfortunately I woke up before I managed to finish the house. I am hoping to go back to this dream to see if I can finish the rest of the challenges and well happen at the end.

Analysing this dream I think it's telling me that even if something is hard or tedious no matter how many times I try it just take my time and go slowly as I will be able to move on to the next challenge ahead just like I am struggling with my work but if I go slowly and understand what I have to do for each part I can move on to the next section which may be a slightly different challenge.



#### **Balls - They Control Everything**

I was back at school, and had friends all around me. There was also a new guy and it was home time and we were setting off home. He was looking for a bus while I chose to save money and walk all the way home.....

It was about an hours walks to home but I didn't have any plans so started to head off. I'd never walked the route that I was on before but went anyway....

I went through a tunnel and I was in a large complex of what could be described as a lot of water slides interlinked with a mixture of air and water blasting things from one place to another. There were Balls – large tennis ball sized like Ball bearings being blasted around, and depending which route they took seemed to change the world outside.

If the were slow, the outside was calm with nice weather but if they rumbled across an area – the outside was rough.

I was told there was no control of what happened, they were just in charge to keep it going and make sure it didn't stop – otherwise everything else would stop and that's not a good thing.

After a while of watching, I was also on the slides with people – it was the way to get around – The balls would just pass through you and be on their way unless you chose to stop them with certain movements.

We controlled everything, including time – If the system was stopped – time seemed to stop until it was restarted. If certain areas were reversed – time rolled back and could be used again – I stopped and tried to head off.....

The night finished, and I woke up back in bed... I tried to write this all down but just as it was about finished I woke up again realising I'd only dreamed writing it. Very annoying but now its done... Hopefully.



#### Free fall

When I was younger and was still at school I kept on having the same repeting dream.

the bream starts off where I was walking only a bridgelike the Golden Gates bridge. This is very strange as I had never been on a brideg like that one.

I got to one of the highest towers that are holding the cales together and I started to climb. I managed to climb the tower really quick and did not take a minuet to get to top. I was some how speed climbing.

When I reached the top of the tower I was just sitting on the very top of this huge bridge. While I was sat there I watched the hole world go by beneath me with out a care in the world. I remember watching the sunset and feeling like that spot was the best like I have been there before.

Then right before the sun and the earth met to make the glimmer of green light ray across the water. I stub up and jumped off the bridges tower. I was falling, I can remember the feeling of the wind rushing past my face and the feeling of being free like it was just ment to be. All the way down while I was falling I was just feeling happy. Right at the last second just before I hit the water I woke up with a shock.

I found out that every time I had this dream my legs started to rise while asleep and thinking of falling but when I was about to hit the water my legs would slam to my bed and wake me up. I always wonder now if my legs did not wake me up would I still be here.

"If you die in your dreams you die in real life".



#### **Zombie Bathroom**

I was on holiday with my family over summer. While I was on this holiday in the dream I went for a shower. Stepping into the shower, I noticed a hand coming out of the drain. As bizarre as it was I dismissed it out of fear and went into the second bathroom at the other side of the apartment.

Peeling back the curtain, there was a real human foot this time with part of the leg hanging out of this tiny bathroom drain which for some reason was on the bottom of the wall instead of directly in the floor.

The foot almost looked as though it could be from the same person. I remember thinking 'This can't be right' and so I gave the foot a little tickle - and it flinch - and I flinched. The leg slid back into the drain only to reveal a hideous lumbering completely hairless naked man hiding inside the drain, almost like the opening scene of the recent 2017 film 'IT'.

The man made no sound but stared right at me. Immediately he reached his hand through and started climbing out of this tiny hole. I ran out into the lounge and shouted for my family - "There's a naked man in the shower!". It was at this point I realised I was dreaming. I looked back through the cracks in the doorframe only to see the numerous grotesque naked people shifting towards the door at a miniscule pace, with the bald man now fully emerged. "There are people crawling out of the bathroom walls and none of you are taking me seriously!" I shouted to my family who are now in the room. I tried to tell them I was stuck in a dream.

"A naked bald man? It must be one of your dreams then ey?" my dad joked. The more I panicked, the more they laughed and joked about me. "I'M STUCK IN A DREAM AND THERE'S CREEPY NAKED PEOPLE TRYING TO GET INTO THE LOUNGE AND ALL YOU CAN DO IS LAUGH AT ME" I kept shouting, frequently peering back through the door to see the figures getting ever so closer to me.

Unable to wake myself, I ran into the centre of the bathroom, surrendering myself to my fear and only as the horrifying figures surrounded and lay their hands on me did I finally wake.



#### Attack of the carrots

What I remember I started my dream out with what i can describe as these weird carrots in mini UFO's chasing me and my family.

We were in some kind of park area like Albert Park in Teesside. We was running away and I managed to grab one of the evil carrot's space shuttle from underneath and was able to control where it was shooting. Using this I managed to shoot the other spaceships and destroy them.

Next thing I knew I was in this room that looked like some kind of town hall there was loads of people and tables and the way the room was set out it looked like a school dining hall. I looked around and there was loads of people there that I knew from school and college all mixed into one.

The tutor was Simon Dunn my turtor from my college in Halifax .

I was getting annoyed because I did not know what I was supposed to be drawing. I was supposed to be drawing something to do with this dream but as I was in a dream I didn't feel like I was my self and could not draw. So I went to the loo in my dreams but I cannot calm myself down I thought to myself I better go outside and calm itself down and get some air. Getting more and more angry and I felt like I could have killed someone at this time so when I went outside I went home but I think I wasn't allowed out because I was sneaking past the teacher. When the teacher saw that I was sneaking out he was trying to stop me and got Olivia (a feiend from my school Days) to come and get me back. Next minute I was being dragged back to class by Olivia as she was grabbing my bright orange backpack, and was strong enough to pull me back.

I was now on the ground still getting dragged on my belly, I have my big fluffy purple gloves on so I took my gloves off to get more grip so I can try and get away from her. After a while I managed to be able to drag her backwards with me and get away.

Realising in this dream I was trying to runaway thought the night in all the dreams and realised that I was trying to get away from my work as I have been working really hard ans stressing out.



#### **Fish Man**

In my dream I was back in primary school but I was 21 and the school was like full of water. In the hall there was a giant deep water hole where this huge worm like creature lived in and if anything went in the middle area of the hall, this creature would come up and swollow it whole.

Me and this person that I have only just met in the dream, had to walk around the whole room once we was on the stage we was save the other girl was looking for the next door when I saw something in the water. So I went to the edge of the stage kneeling down and the boy appeared from the waters. He did not say any thing but I know I had to follow him so I jumped in the water and started swimming.

I was not the good swimming and could not see where he went struggling as I know I was going to run out of breath soon. Next min I know the guy came back and helped me to the suface to get some air before pulling on hand hands and helping me swim to where he wanted me to go.

We spent a bit of time in the water and after a bit I could start to breath normally. We stopped kind of like floating there and he was looking into my eyes and I knew that we was meant to be together. I heard a noise coming from below me which I thought was strange as was still under water. Next minute I saw a giant worm thing cooming up from the deep with its mouth open I could see all its rows of teeth. We was just floating there, it felt like we was sacrificing ourselves. I opened my eyes and found I was totaly under my bed covers.

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#### Bird I control them all

I woke up in this wonderful bed, but it didn't feel like home. Everything around me looked like home with the wallpaper and carpet rug the colours I remembered them to be but something felt different but I didn't know what exactly. This is home yet isn't at the same time. There was a picture on the wall of me, with a title of princess. Dad always called me princess so I thought nothing of it. I went to explore, and people kept bowing to me and saying I was special but I didn't know why and went outside.

I wandered around the back of the house and there was a greenhouse and it looked like it had some stained glass windows. I thought, thats not normal, lets go and look some more so I went inside and there was loads of unique and mystical looking birds all around me. They just surrounded me and I knew I was something special to them. I thought to myself, am I a princess, and do I control these creatures. I started to talk to them and found that there understud and I understud what there was saying too. After a while I found out some of the different type of birds that was in this place: Rain Brid Griffin Hipogriff and there was even one or two small teacup dragons like Aeoptpera Micro



#### Water Dragon

My family and I was going on a across the seven seas holiday with our own boat. We were sailing across the oceans and sea that we have done before and know how to tackle more or lest anything that we come across.

One of the nights in the middel of the sea, it started to get more rougher then weexpected. We was trying to keep the boat uprigh the best as we can but it was getting more and more harder. We had sailed across the seas many of times and knew the pattons of the watter and never had any trubbel before this very night.

I saw some rocky land "Dad ovver there, we can tigh up to thoes rock untill the sea carlms down a bit" I was screaming through the raws and crashing of the waves.

Once my dad was able to see throught the water mist he thought docking till the water calmed down a bit was the best idea.

What we did not know was that there was a water dragons home under the land. The boat started rocking more and this huge sea creature came up and started tearing at are mainsail and headsail. The dragon was trying to tip the boat over my gess would be to heat us as a snack before headding back to his slumber.

Me, My dad, Brother and Mum all tried to throw harpoons at it to scar it so we could be free. But it was not working, the sky was getting darker and darker. I stated to her rumbeling (like the sound you hear when you had no food all day) and next minut there was a flast of lighting and a big bang and I awaken from the dream.



#### **Forest Whale**

I was at home doing my work and I started to get annoyed as what I was doing just didn't seem right. I decided to go for a walk by myself as that usually helps me to calm down and get a fresh view on things. Next minute I know I found myself wandering though a forest. The atmosphere around me felt strange and a fogginess started to flow around me. I thought I should probably head back but when I turned around I could not see anything where I had just walked through.

I decided to walk straight on and after a while I started to hear a deep humming noise and it sounded peaceful. I found myself sat upon a fallen tree trunk that worked as a bridge and sat and watched two whales come together. I felt at peace and like it was meant to be.

My mind started to clear up and I started to consider what a whale could be doing in a forest? How can it breath? and was it flying? So many questions...

I awoke feeling confused and lost.